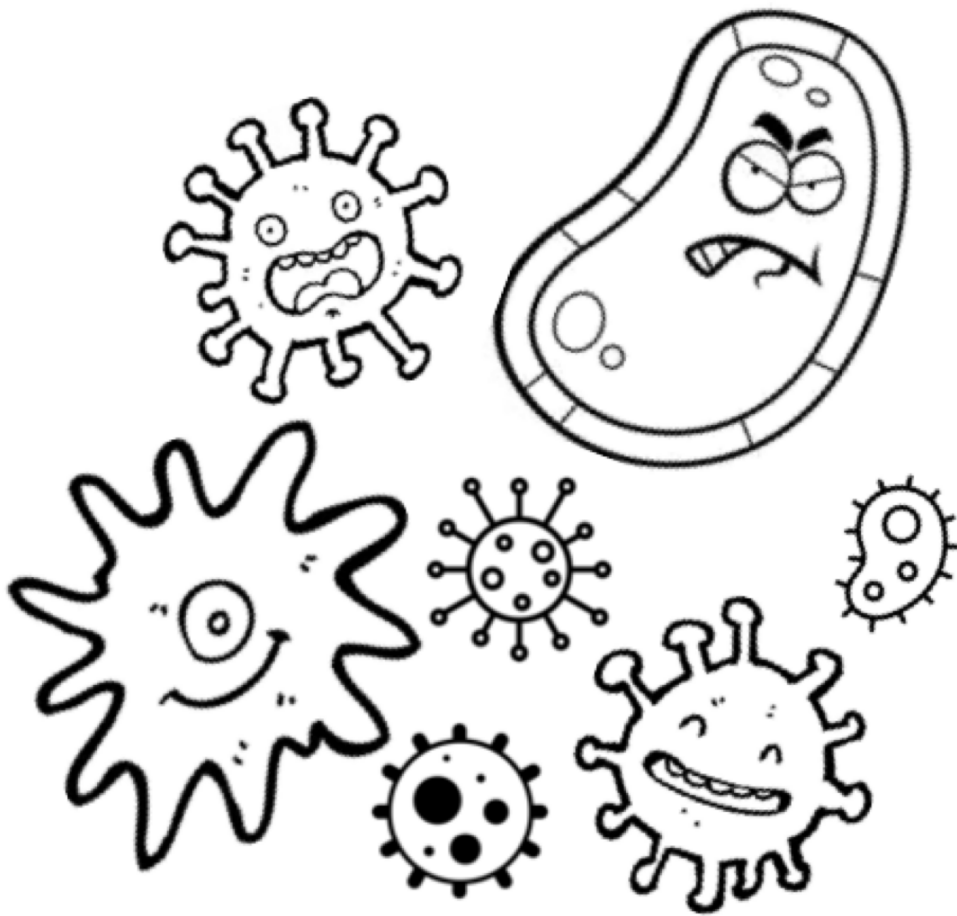


MY COVID - 19 TIME CAPSULE

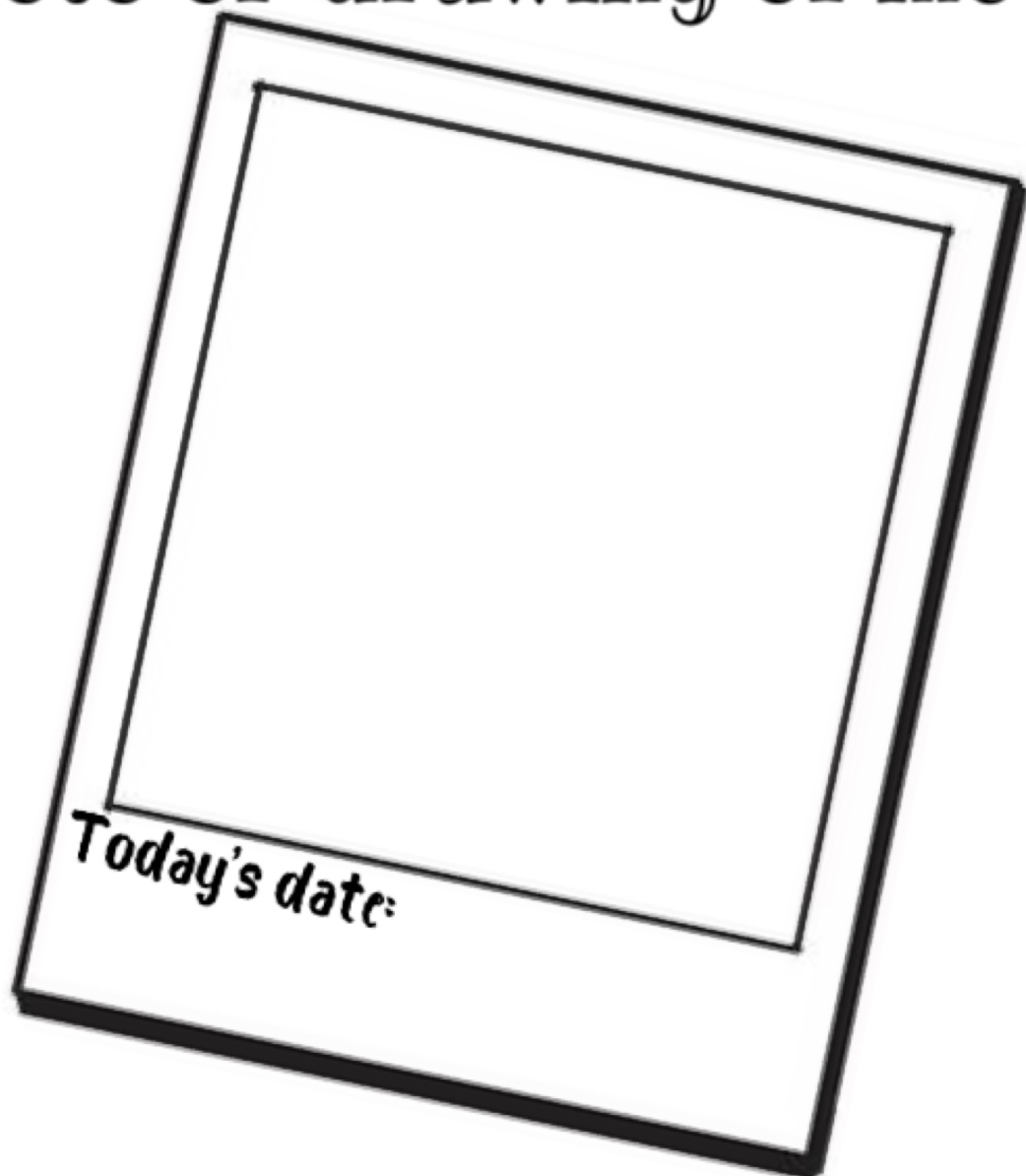


Created BY:

We are making history!

Fill in these pages with colours, pictures and words to create a time capsule for your future self and family to look back on.

A photo or drawing of me now!



ALL ABOUT ME

MY NAME:

.....

MY AGE:

.....

My favourite things...

BOOK:

.....

TV SHOW:

.....

SPORT:

.....

COLOUR:

.....

SONG:

.....

SINGER/

BAND:

.....

ANIMAL:

.....

FOOD:

.....

TOY/

APP:

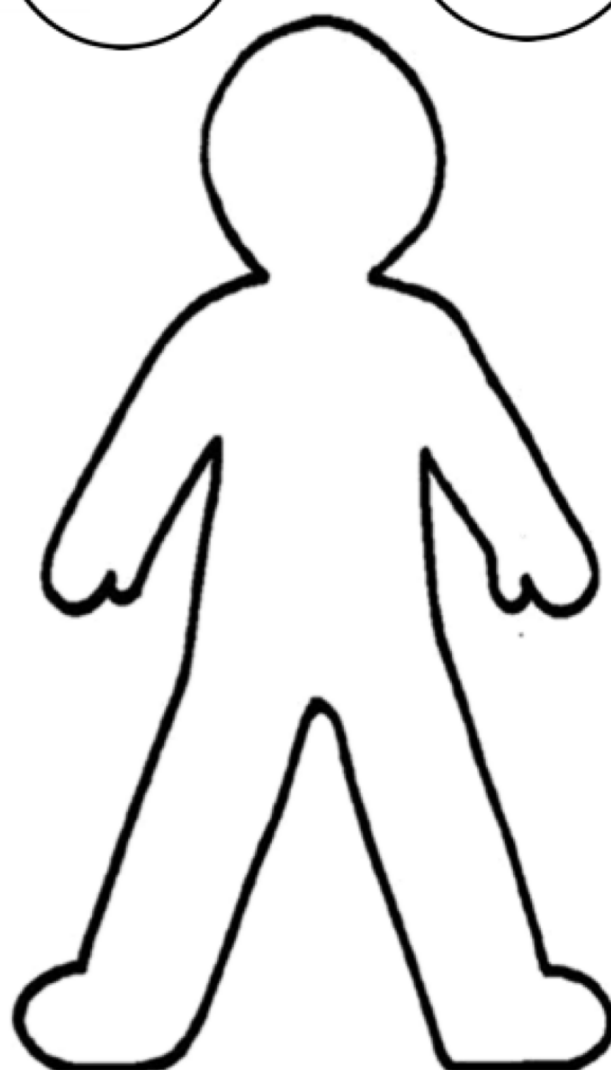
.....

My best
friend:

MY
HEIGHT:

MY
WEIGHT:

MY
SHOE SIZE:



Draw yourself here!
Include your eye colour,
hair colour and the
clothes you're wearing!

I AM SAFE AT HOME WITH...

Draw who you're
living with here!



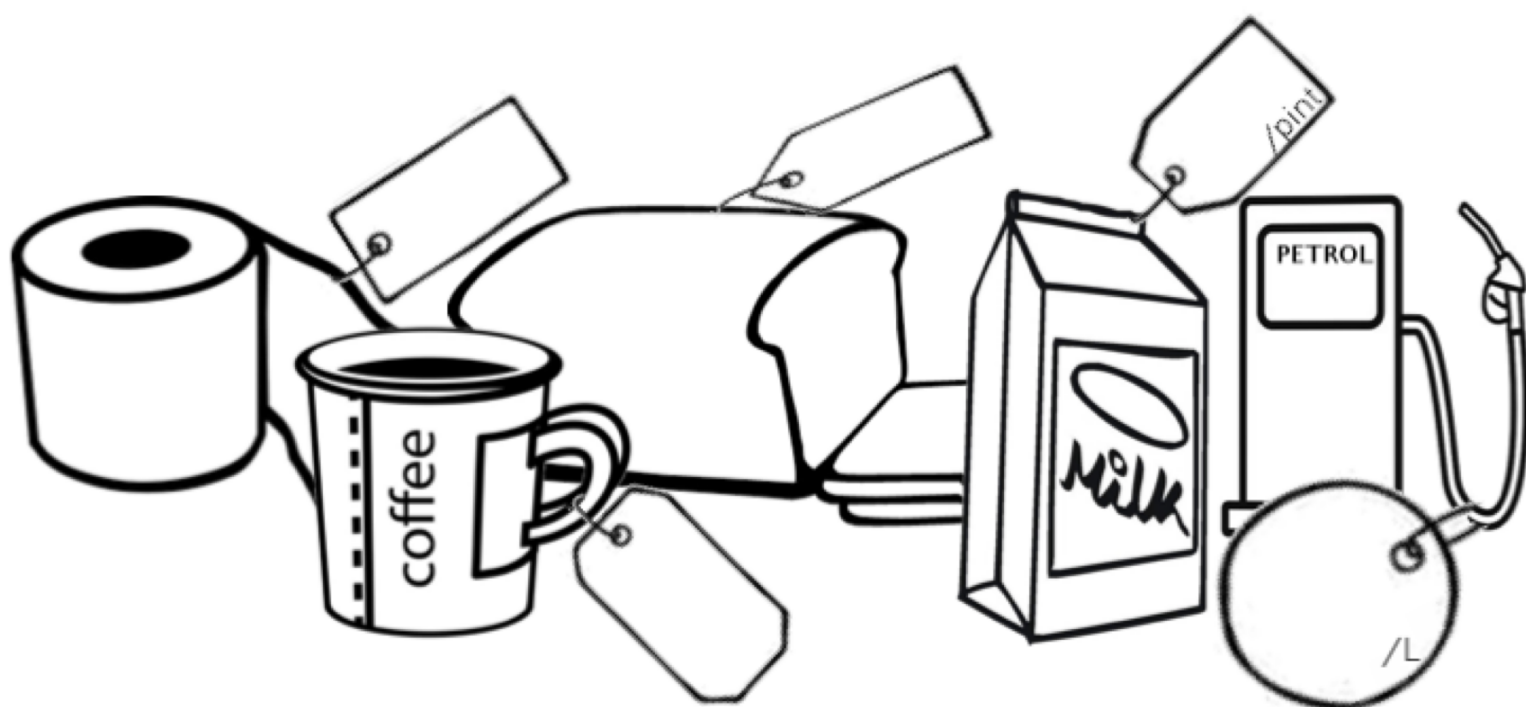
How we keep busy...



THINGS I MISS MOST



HOW MUCH THINGS COST

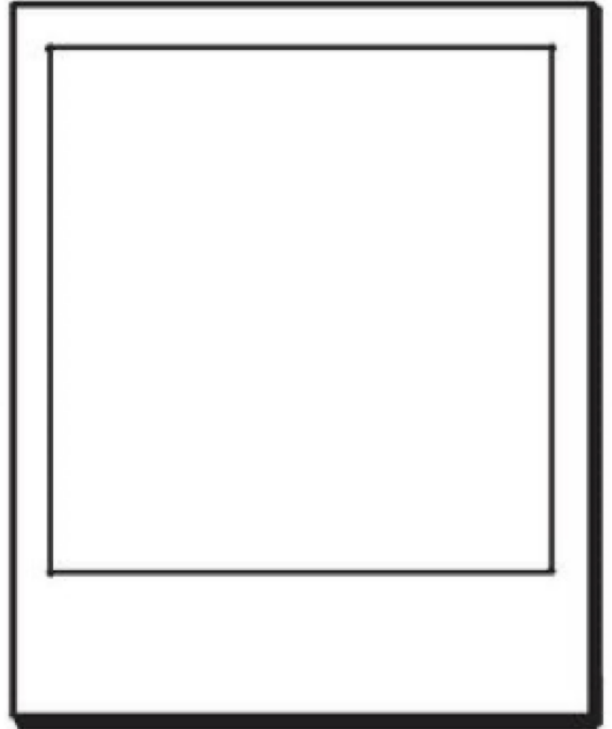


TOPICAL INFO

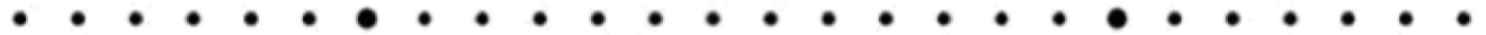
WHO IS PRIME MINISTER OF THE UK?



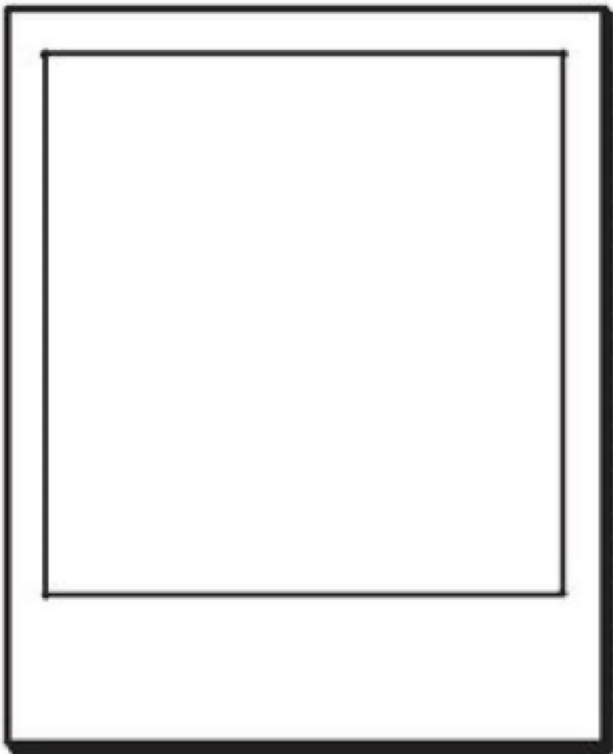
Draw them here!



WHO IS PRESIDENT OF THE US?



Draw them here!



FAMILY INTERVIEW!

Pick someone in your home and ask them these questions!

TOP 3 ACTIVITIES WE DID TOGETHER:

.....
.....
.....

TOP 3 THINGS THAT KEEP ME SANE:

.....
.....
.....

BIGGEST CHALLENGE:

.....
.....
.....

MY FAVOURITE THINGS:

COLOUR:

.....

FOOD:

.....

TREAT:

.....

DRINK:

.....

BOOK:

.....

SONG:

.....

ACTIVITY:

.....

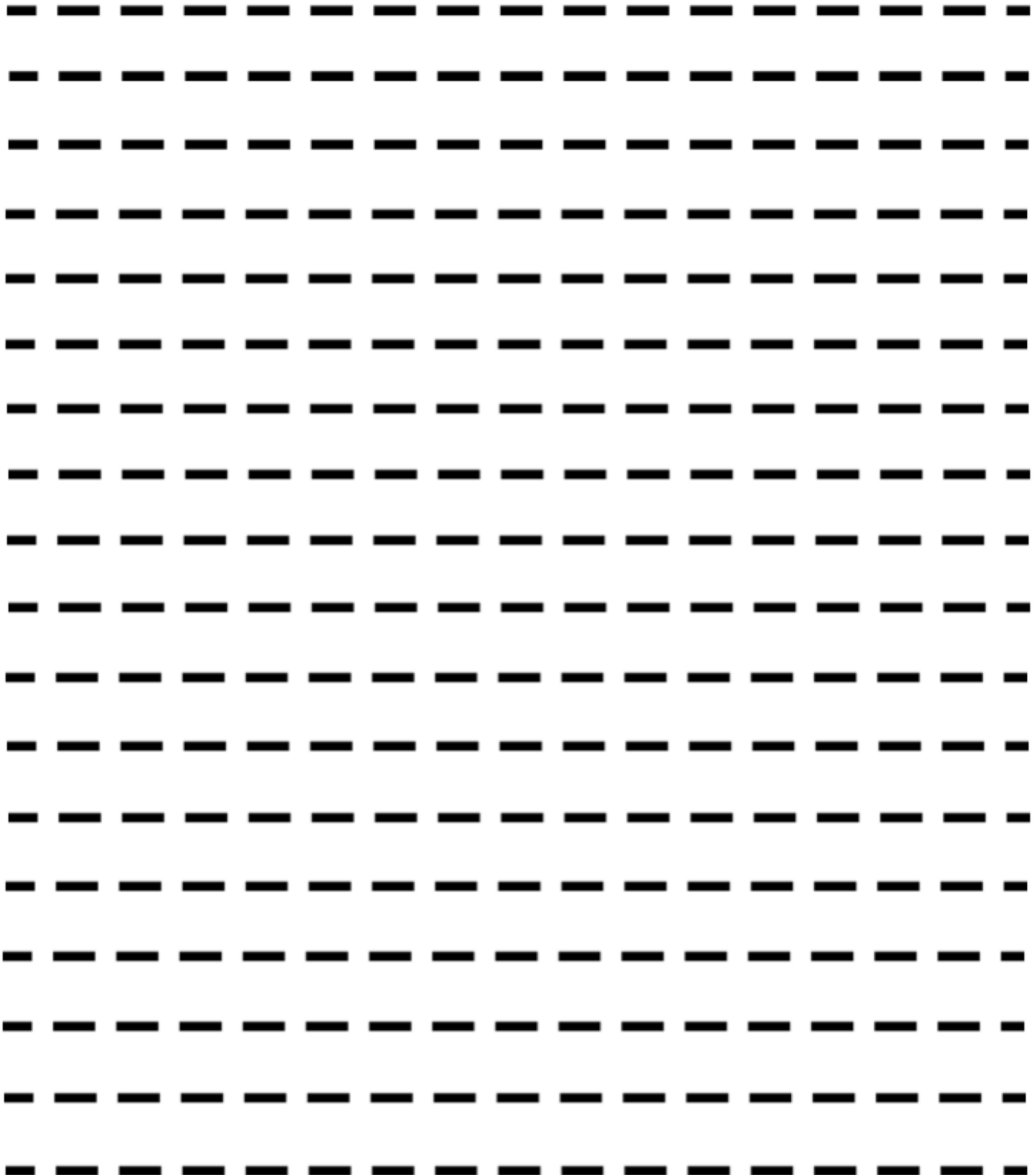
MY SILVER-LINING:

.....
.....
.....

ITEMS THAT ARE HARD TO BUY AT THE SUPERMARKET:

.....
.....
.....
.....

A letter to my future self...



A grid of 20 rows and 16 columns of dashed lines, intended for handwriting practice. The lines are evenly spaced and cover the majority of the page area below the title.

WHEN THIS IS OVER

I AM EXCITED TO...

.....

I CAN'T WAIT TO SEE...

.....

I WANT TO GO ON HOLIDAY TO...

.....

AFTER COVID-19 I HOPE THE WORLD WILL BE...

.....

AFTER STAYING AT HOME MORE I HAVE LEARNT...

.....

WE'RE ALL IN THIS TOGETHER



How I've been connecting with friends and family:

.....

.....

.....

.....

DRAW A RAINBOW!

The rainbow has been used during the COVID-19 pandemic as the universal symbol to thank key workers.

Draw your own rainbow below.