

Innovate Kitchen **Breaktime** Menu

NON HALAL HOT DELI MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST & BREAK SPECIALS	Daily Special Chosen from the PVR Plus Tomato & Basil Soup R02634	Sausage, Cheese & Hash Brown Muffin R07441	Daily Breakfast Special Chosen from the PVR Plus Tuscan Bean Soup R07525	Chicken Tikka Hot Sub Roll R07449	Daily Breakfast Special Chosen from the PVR
HOT BLUE DOT	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR
NATURALLY HOT - BREAK ONLY	Sweet Chilli Glazed Vegan Bites R05442	The Big Plant Burger R06063	Vegetable Gyozas in a Chilli & Ginger Broth R07448	Lentil Buddha Bowl R06013	Vegan Bean & Jalapeno Burrito R07450
FROM THE OVEN - BREAK ONLY	Mozzarella & Tomato Or Turkey, Cheese & Tomato Pizza R07564 / R07565	Mini Mezze R07672	Mozzarella & Tomato or Spicy Sausage, Cheese & Tomato Pizza R07564 / R07566	Mini Mezze R07672	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza R07564 / R07567
MEAT & VEGETABLE PANINIS, WHOLE/HALF	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch

Innovate Kitchen **Lunchtime** Menu

NON HALAL HOT DELI MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK & LUNCH SPECIAL	Daily Break / Lunch Special, Chosen from the PVR	Sausage, Cheese & Hash Brown Muffin R07441	Daily Break / Lunch Special, Chosen from the PVR	Chicken Tikka Hot Sub Roll R07449	Daily Break / Lunch Special, Chosen from the PVR
MAIN COURSE MEAT	Chicken Stroganoff Served with Rice & Steamed Broccoli R07284	Classic Beef Lasagne & Garden Salad R07460	Honey Mustard Glazed Gammon with Roast Potatoes & Gravy R07522	Chicken Dopiaza, Rice & Coriander & Onion Salad R07411	Chip Shop 'Fryday', Fish, Sausage, Pizza or Fishcake, Chips & Peas R06316 / R06317 / R07677 / R07674
MAIN COURSE VEGETARIAN	Mushroom Stroganoff with Rice & Steamed Broccoli R07418	Vegetable & Bean Lasagne & Garden Salad R06376	Macaroni Cheese, House Salad or Seasonal Vegetables R06428	Paneer & Chick Pea Curry, Rice & Coriander & Onion Salad R07415	Chipotle Quorn Tortilla, Chips, Peas & Tomato Salsa R07363
HOT PASTA POTS - 12OZ 16OZ	Tomato & Basil R04591 / R01612	Chef Pasta Special Chosen from the PVR	Tomato & Basil R04591 / R01612	Chef Pasta Special Chosen from the PVR	Tomato & Basil R04591 / R01612
SRI LANKAN STREET FOOD FROM THE TEPPAN	Sri Lankan Split Pea & Cauliflower Curry R03144	Devilled Wings with Yellow Rice R07750	Sri Lankan Kolamba's Chicken Curry R06797	Sri Lankan Kottu Roti R03147	Street Vibe Special, Chosen from the PVR
DAILY HOT JACKET SPECIAL	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese
DESSERT OF THE DAY	Berry & Apple Crumble with Custard R07481	Cornflake Crispy Cake R06623	Pear & Cocoa Sponge with Custard R07382	Apple & Chocolate Pinwheel R07281	Dessert Special, Chosen from the PVR

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST & BREAK SPECIALS	Daily Special Chosen from the PVR Plus Carrot & Coriander Soup R07735	Piri Piri Chicken Shawarma R06645	Daily Breakfast Special Chosen from the PVR Plus Leek & Potato Soup R07526	Korean Crispy Chicken Deli Sub R07447	Daily Special Chosen from the PVR
HOT BLUE DOT	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR
NATURALLY HOT - BREAK ONLY	Vegetable Gyozas in a Chilli & Ginger Broth R07448	The Big Plant Burger R06063	Vegetable Korean Noodles R05382	Onion Bhaji Naan Pizza R05676	Hot Falafel Poke Bowl R05226
FROM THE OVEN - BREAK ONLY	Mozzarella & Tomato or Turkey, Cheese & Tomato Pizza R07564 / R07565	Mini Mezze R07672	Mozzarella & Tomato or Spicy Sausage, Cheese & Tomato Pizza R07564 / R07566	Mini Mezze R07672	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza R07564 / R07567
MEAT & VEGETABLE PANINIS, WHOLE/HALF	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK & LUNCH SPECIAL	Daily Break / Lunch Special, Chosen from the PVR	Piri Piri Chicken Shawarma R06645	Daily Break / Lunch Special, Chosen from the PVR	Korean Crispy Chicken Deli Sub R07447	Daily Break / Lunch Special, Chosen from the PVR
MAIN COURSE MEAT	Macaroni Cheese with a Selection of Toppings & Salad R07472 / R07474 / R07476	Sausage & Mash with Caramelised Onion Gravy, Carrots & Peas R06318	Roast Turkey, Roast Potatoes, Seasonal Vegetables & Gravy R07478	Caribbean Chicken Curry with Rice R07479	Chip Shop 'Fryday', Fish, Sausage, Pizza or Fishcake, Chips & Peas R06316 / R06317 / R07677 / R07674
MAIN COURSE VEGETARIAN	Macaroni Cheese with a Selection of Toppings & Salad R06470 / R06485	Plant Based Sausage & Mash with Caramalised Onion Gravy, Carrots & Peas R06297	Roasted Butternut Squash & Edamame Bean Wellington, Roast Potatoes & Gravy R07269	Reggae Reggae Sweet Potato Curry with Rice R07272	Vegan Falafel Burger, Naked Slaw, Chips & Peas R07420
HOT PASTA POTS - 12OZ 16OZ	Tomato & Basil R04591 / R01612	Chef Pasta Special Chosen from the PVR	Tomato & Basil R04591 / R01612	Chef Pasta Special Chosen from the PVR	Tomato & Basil R04591 / R01612
MEXICAN STREET FOOD FROM THE TEPPAN	Mexican Tacos Al Pastor R03112	Mexican Beef Chalupas R03111	Mexican Chicken & Bean Burrito R07541	The Mexican Dog R03132	Street Vibe Special, Chosen from the PVR
DAILY HOT JACKET SPECIAL	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese
DESSERT OF THE DAY	Jam Sponge & Custard R07482	Pear & Ginger Crumble with Cinnamon Custard R07483	Chocolate Sponge with Chocolate Sauce R07484	Apple & Blackberry Crumble with Vanilla Sauce R07481	Dessert Special, Chosen from the PVR

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST & BREAK SPECIALS	Daily Special Chosen from the PVR Plus Spring Vegetable Soup R07528	BBQ Chicken Wings R01967	Daily Breakfast Special Chosen from the PVR Plus Butternut Squash Soup R07529	Pepperoni & Cheese Bagel Melt R07445	Daily Breakfast Special Chosen from the PVR
HOT BLUE DOT	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR	Daily Special Blue Dot Chosen from the PVR
NATURALLY HOT - BREAK ONLY	Fork Friendly Onion Bhaji Kebab R07440	The Big Plant Burger R06063	Tomato, Feta & Spinach Pinwheel R07442	Vegan Korean Noodles R05382	Chipotle Bean Nacho Bowl R07446
FROM THE OVEN - BREAK ONLY	Mozzarella & Tomato Or Turkey, Cheese & Tomato Pizza R07564 / R07565	Mini Mezze R07672	Mozzarella & Tomato or Spicy Sausage, Cheese & Tomato Pizza R07564 / R07566	Mini Mezze R07672	Mozzarella & Tomato or BBQ Chicken, Cheese & Tomato Pizza R07564 / R07567
MEAT & VEGETABLE PANINIS, WHOLE/HALF	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch	Daily Special Panini, Chosen from the PVR - Minimum of 1 Flavour of Both Meat & Veg for Break/Lunch

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAK & LUNCH SPECIAL	Daily Break / Lunch Special, Chosen from the PVR	BBQ Chicken Wings R01967	Daily Break / Lunch Special, Chosen from the PVR	Pepperoni & Cheese Bagel Melt R07445	Daily Break / Lunch Special, Chosen from the PVR
MAIN COURSE MEAT	BBQ Chicken Fajita, Vegetable Rice & Spiced Slaw R07249	Beef & Tomato Ragout with Pasta & Salad R07490	Roast Leg of Pork, Roast Potatoes, Veg & Gravy R06436	Chicken Korma with Rice & Onion Salad R07518	Chip Shop 'Fryday', Fish, Sausage, Pizza or Fishcake, Chips & Peas R06316 / R06317 / R07677 / R07674
MAIN COURSE VEGETARIAN	Falafel & Vegetable Fajita, Vegetable Rice & Spiced Slaw R07252	Plant Based Ragout with Pasta & Salad R07261	Roast Beetroot, Onion & Goats Cheese Puff Pastry R07421	Squash, Chick Pea & Spinach Korma with Rice & Onion Salad R07519	Vegan Onion Bhaji Burger, Slaw, Chips & Peas R07521
HOT PASTA POTS - 12OZ 16OZ	Tomato & Basil R04591 / R01612	Chef Pasta Special Chosen from the PVR	Tomato & Basil R04591 / R01612	Chef Pasta Special Chosen from the PVR	Tomato & Basil R04591 / R01612
CHINESE STREET FOOD FROM THE TEPPAN	Ma Yi Shang Shu (Sichuan Beef Noodles) R02910	Chinese Chicken Fried Rice R03096	Sticky Chinese Chicken Wings R04065	Soya Bean, Mushroom & Vegetable Chow Mein R07547	Street Vibe Special, Chosen from the PVR
DAILY HOT JACKET SPECIAL	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese	Daily Jackets to Include Either Baked Beans, Tuna or Cheese
DESSERT OF THE DAY	Apple & Berry Pie with Custard R07487	Chocolate Brownie with Chocolate Sauce R07488	Lemon Sponge with Custard R07489	Spiced Apple Sponge with Cinnamon Custard R07619	Dessert Special Chosen from the PVR