



19th December 2022

Dear Parent / Carer,

Given the tough economic times that we are living in, I am delighted to inform you that from 9th January 2023 onwards, The Buckingham School will be providing the opportunity for any student in the School to receive a free breakfast, consisting of either toast or porridge. This is **not** restricted to those students who currently claim free school meals.

Not only do we strongly believe that all students should have access to a healthy breakfast, but research from Family Action finds that habitual breakfast consumption is positively related to academic performance, such that those children that eat breakfast more regularly, achieve better grades in their exams. Moreover, eating a regular breakfast is also found to have a positive effect on behaviour in the classrooms.

Should your child wish to eat their breakfast at school, they should simply collect a Breakfast Pass from their Form Tutor and enter the School via the green gates from 8.00am onwards, or via the usual gate if after 8.20 am. Please note that breakfasts will not be served after 8.30am to ensure that students are registered on time. Only students wishing to eat breakfast will be permitted to enter the site before 8.20am in order that we can ensure that they are adequately supervised. They will also be restricted to remaining within the KS3 canteen.

Should you have any questions, please do not hesitate to contact me.

Yours faithfully,

Mr R Peel

Deputy Headteacher

rpeel@buckinghamschool.org