Smoking Prevention Presentation – ParentMail sent on 13 October 2026

Dear Parent / Carer,

We are writing to inform you about an important educational presentation taking place for our students on the afternoon of Friday 23rd October.

The one-hour session focuses on smoking prevention and explores the health consequences, perceptions, and myths surrounding smoking, vaping, and shisha. Designed to address health challenges in a way that resonates with young people, the presentation aims to equip students with the knowledge needed to make informed choices about their health and well-being.

During the presentation, students will cover key topics, including:

- Health Harms & Addiction: Understanding the short- and long-term physical effects of smoking and vaping, as well as the addictive nature of nicotine.
- Influences & Marketing: Investigating how vaping products are marketed to younger audiences, alongside the risks associated with illegal or counterfeit nicotine products.
- Decision-Making & Peer Pressure: Developing practical strategies to navigate peer influence, manage risk-taking, and resist pressure to smoke or vape.
- Support Services: Highlighting local and national resources available for smoking cessation and guidance.

We encourage you to discuss these topics with your child after the event to help reinforce these positive health choices at home.

If you have any questions regarding the session, please do not hesitate to contact me.
Thank you for your continued support in promoting the health and well-being of our students.

Kind regards

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