



# Buckinghamshire Family Learning



## Wellbeing Online Workshops Monday 7pm-9pm



For parents and carers with  
child/ren in Years 10 and 11.

Help your child manage  
their wellbeing and mental  
health. To book your FREE  
place, contact our  
enrolment team on 01296  
383582, scan the QR code  
or click on the [link](#). For  
more information call/text  
Kathryn on 07770 641997



**24 February - Y10 and 11: Help  
your child build confidence,  
friendships, and manage  
stress workshop (FMWB022)**



**3 March - Support your ADHD  
child at home workshop  
(FMAC135)**



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