# Grow Your Ambition Programme



### Take part in our FREE programme for 16/17 year olds

This programme aims to equip and upskill young people to become world-ready and work-ready, while improving their confidence, resilience and well-being.

GYA is made up of 3 expereiences and can be delivered flexibly. Choose the whole package or select one or more expereiences.

### **Grow Your Life Skills**

- 2-days, 1-night residential trip
- 2 outdoor adventurous activities
- Life skills sessions (cooking, first aid, money skills)

### **Grow Your Employability**

- 2 days of sessions in school to improve prospects
- Sessions include; CV writing, employability and interview skills

### **Grow Your Community**

- 1 day of sessions in school discovering skills around community engagement and social action
- 1 day volunteering in the community

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### Why Take Part?

## Get a nationally recognized certificate (NCS) on your CV and University application

Gain skills and confidence to prepare you for life after full time education

Gain a sense of belonging and connection to your local community

Become more employable and successful at applying for jobs

Have fun and enjoy new experiences with friends.

It's completely FREE!

### Who Are Action 4 Youth?

We are a registered charity (Charity No.1033626: ) who's mission is to insprire young people by offering impactful experiences and opportuntities.

We work largely in partnership with schools delivering a range of programmes to improve young people's prospects.

### **About the Residential**

The Caldecotte Xperience is managed by Action 4 Youth and located in Milton Keynes. All our instructors are fully qualified, DBS checked and trained in safegurading. Our Programme Leader for GYA will be accompanying the group on the trip, along with staff from their school.

All our activities are accessible and we have a voluntary participation policy. A kit list will be provided before the trip with suggestion of what you will need to bring. Main items include; clothes, change of shoes, bedding and toiletries.