



8th December 2022

Dear Parent / Carer,

We have been informed that a child who attends The Buckingham School has been diagnosed with a confirmed case of scarlet fever. Although scarlet fever is usually a mild illness, it should be treated with antibiotics to minimise the risk of complications and reduce the spread to others. To better inform and protect our community, we are sharing the following advisory information, which has been provided to us from the UK Health Security Agency.

The symptoms of scarlet fever include:

- sore throat
- headache
- fever
- nausea and vomiting

This is followed by a fine red rash which typically first appears on the chest and stomach, rapidly spreading to other parts of the body. On more darkly-pigmented skin, the scarlet rash may be harder to spot, but it should feel like 'sandpaper'. The face can be flushed red but pale around the mouth. If you think you or your child has a Strep A infection (which includes scarlet fever, throat infections and impetigo):

- see your GP or contact NHS 111 as soon as possible
- make sure that you/your child takes the full course of any antibiotics prescribed by the doctor
- stay at home, away from nursery, school or work for at least 24 hours after starting the antibiotic treatment, to avoid spreading the infection
- if your child has a high fever, severe muscle aches, pain in one area of the body and unexplained vomiting or diarrhoea seek medical help immediately

Complications

Children who have had chickenpox recently are more likely to develop a more serious infection during an outbreak of scarlet fever. Therefore, parents should remain vigilant for symptoms such as a persistent high fever, cellulitis (skin infection) and arthritis (joint pain and swelling). If you are concerned for any reason, please seek medical assistance immediately. If your child has an underlying condition which affects their immune system, you should contact your GP or hospital doctor to discuss whether any additional measures are needed.

We will continue to monitor the situation closely and will share any further advice or guidance we receive.

Yours faithfully,

The Buckingham School