



9th February 2023

Dear Parent / Carer,

Swimming Lessons

As the Curriculum Leader for Physical Education and on behalf of the PE team, we hope this year so far has been a successful and enjoyable one for your child within Physical Education.

Furthermore, I am writing to inform you that your child will begin swimming lessons from after the half term break, commencing Monday 20th February 2023. Their PE teacher will inform them which PE lesson they will be swimming, however the timings/days are as follows:

<u>Group</u>	<u>Teacher</u>	<u>Swimming Slots</u>	<u>Theme of the lessons</u>
7N4 PE	Miss Kenneford	Week A Thursday period 1 Week B No swimming	Building swimming confidence
7S PE	N/A	No swimming currently due to timetable issues	N/A
8N4 PE	Miss Kenneford	Week B Tuesday Period 1 Week B Thursday Period 1	Challenging students capabilities
8S3 PE	Miss Keeping & Mr Weedon	Week A Wednesday Period 1 Week A Friday Period 5 Week B Wednesday Period 1	Challenging students capabilities
9N4 PE	Mrs Ribbans & Miss Kenneford	Week B Friday Period 1	Perfecting swimming strokes and technique
9S3 PE	Miss Keeping & Miss Kenneford	Week A Monday Period 5	Perfecting swimming strokes and technique
10N4 PE	Miss Keeping & Miss Kenneford	Week A Tuesday Period 5 Week B Friday Period 5	Rookie Lifeguard Award Rookie Lifeguard Awards Learn about the Awards
10S3	Miss Keeping	Week A Tuesday Period 1	Rookie Lifeguard Award Rookie Lifeguard Awards Learn about the Awards

11N4 PE	Mrs Ribbans & Miss Kenneford	Week A Monday Period 1 Week A Friday Period 1 Week B Monday Period 5	Mental health and well-being session. (Relaxing on the inflatables and ball games are encouraged!).
11S1&3 PE	Mr Weedon	Week A Thursday Period 5 Week B Monday Period 1	Mental health and well-being session. (Relaxing on the inflatables and ball games are encouraged!).

For their swimming lessons, your child will require:

- Swimming costume / swimming shorts (no bikini or long board shorts)
- Towel
- Hair tie (if applicable)
- Inhaler (if applicable)
- Swimming hat (if desired)
- T shirt/shorts (can be worn poolside but not in the pool)
- £1 coin or trolley token for the lockers (refundable at the end of the lesson)
- Goggles (if you own some or can buy / borrow if available from Swan Pool)

Students will be escorted over to Swan Pool Leisure Centre before the lesson, where the teacher will sign them in at Reception then take the class to get changed in the changing facilities. They will have the use of the showers and a locker during their swimming lesson. There are suitable hair dryers and mirrors available after the lesson, but we encourage the students to change quickly in order to use them.

As always, students will be representing the school whilst offsite, so we expect their behaviour, at all times, to be exemplary. If they choose to misbehave or not follow instructions, they will be removed from the lesson and sanctioned accordingly. Whilst I don't expect this to happen, it is a reminder that we are extremely fortunate to have the ability to access swimming lessons and we highly value having swimming on our PE curriculum.

If you have any concerns or queries regarding the swimming lessons, please do not hesitate to contact their PE teacher, using their email address listed below:

jribbans@buckinghamsschool.org
tweedon@buckinghamsschool.org
rarnold@buckinghamsschool.org
gkenneford@buckinghamsschool.org
vkeeping@buckinghamsschool.org
clagdon@buckinghamsschool.org

Thank you in advance for your cooperation and I truly hope your child grasps the opportunity to swim during their time here at The Buckingham School.

Yours faithfully,

Mr J Ribbans

Curriculum Leader of Physical Education