



18th September 2024

Dear Parent / Carer

Swimming Lessons

As the Curriculum Leader for Physical Education and on behalf of the PE Team, we hope the start of this year has been a successful and enjoyable one for your child within Physical Education.

Furthermore, I am writing to inform you that your child will begin/continue swimming lessons from next week, week commencing Monday 23rd September 2024. These will continue through until the October Half term, with the final lessons taking place on Friday 25th October. Their PE teacher will inform them which PE lesson they will be swimming, however the timings/days and theme of the lessons are as follows:

(note - swimming lessons only occur during Period 1 and Period 5 PE lessons)

<u>Group</u>	<u>Teacher</u>	<u>Swimming Slots</u>	<u>Theme of the lessons</u>
7N2 PE	Mr Dodd	Week A Thursday Period 1 Week A Friday Period 5 Week B Tuesday Period 1 Week B Thursday Period 1	Building swimming confidence
7S1 PE	Mr Ribbans	Week A Friday Period 1	Building swimming confidence
8N2 PE	Mr Dodd	Week A Tuesday Period 1 Week A Thursday Period 5	Challenging students' capabilities
8S1 PE	Mr Ribbans	Week A Tuesday Period 5 Week A Wednesday Period 1	Challenging students' capabilities
9N2 PE	Mr Ribbans	Week A Thursday Period 5	Perfecting swimming strokes and technique
9S PE	No swimming due to timetable this year - will endeavour to swim in Year 10		
10N2 PE (Girls)	Mrs Ribbans	Week B Tuesday Period 5 Week B Wednesday Period 1	Rookie Lifeguard Award Rookie Lifeguard Awards Learn about the Awards
10S2 PE (Boys)	Mrs Ribbans & Mrs Keeping	Week A Monday Period 5	Rookie Lifeguard Award Rookie Lifeguard Awards Learn about the Awards
11N2 PE (Boys)	Mr Ribbans	Week A Monday Period 1	Mental health and well-being session. (Relaxing on the inflatables and ball games are encouraged!)
11S2 PE (Boys)	Mr Ribbans	Week B Friday Period 5	Mental health and well-being session. (Relaxing on the inflatables and ball games are encouraged!)

The Buckingham School is committed to ensure that every student should have the opportunity to attend school activities/obtain equipment, regardless of their financial circumstances. As such, it may be possible to subsidise those students who would otherwise be unable to attend trips/purchase items. Please feel free to write in confidence to finance@buckinghamschool.org, if you wish to seek assistance, or obtain more information about Pupil Premium funding.

For their swimming lessons, your child will require:

- Swimming costume / swimming shorts (no bikini or long board shorts)
- Towel
- Hair tie (if applicable)
- Inhaler (if applicable)
- Swimming hat (if desired)
- T shirt / shorts (dry fit material if possible, nothing heavy) - to be worn over the top if you so wish
- £1 coin or trolley token for the lockers (refundable at the end of the lesson)
- Goggles (if you own some or can buy / borrow if available from Swan Pool)

Students will be escorted over to Swan Pool Leisure Centre before the lesson, where the teacher will sign in at Reception then take the class to get changed in the changing facilities. They will have the use of the showers and a locker during their swimming lesson. There are suitable hair dryers and mirrors available after the lesson, but we encourage the students to change quickly in order to use them.

As always, the students will be representing the School whilst offsite, so we expect their behaviour, at all times, to be exemplary. If they choose to misbehave or not follow instructions, they will be removed from the lesson and sanctioned accordingly. Whilst I don't expect this to happen, it is a reminder that we are extremely fortunate to have the ability to access swimming lessons and we highly value having swimming on our PE curriculum. Muscular injuries are also not a reason not to swim; we encourage all students to swim as this is the best form of rehabilitation for their injuries.

If you have any concerns or queries regarding the swimming lessons, please do not hesitate to contact your child's PE teacher, using their email address listed below:

jribbans@buckinghamschool.org
dribbans@buckinghamschool.org
vkeeping@buckinghamschool.org
bgunn@buckinghamschool.org
ccroft@buckinghamschool.org
jdodd@buckinghamschool.org

Thank you in advance for your cooperation and I truly hope your child grasps the opportunity to swim during their time here at The Buckingham School.

Yours faithfully,

Mr J Ribbans

Curriculum Leader of Physical Education
jribbans@buckinghamschool.org