School Uniform Standards – PE Kit

PE Uniform Clothing List
Please note that in each case, plain black means that the garment should have no logos visible

Compulsory Items:
- The Buckingham School black t-shirt with logo (Uniform Direct only)
- The Buckingham School black shorts (Uniform Direct) or plain black shorts
- White sports socks or white trainer socks
- Black socks (for football and rugby)
- Football boots
- Trainers (non-marking sole)
- Hairbands for tying back of long hair during sport, as required.

Optional PE Uniform:
- The Buckingham School ¼ zip PE top with logo (Uniform Direct) or plain black ¼ zip PE top
- The Buckingham School sports waterproof jacket (Uniform Direct)
- The Buckingham School sports leggings (Uniform Direct) or plain black (thick) leggings
- The Buckingham School tracksuit bottoms (Uniform Direct) or plain black tracksuit bottoms (not jogging bottoms)
- The Buckingham School skort (Uniform Direct) or plain black skort
- A plain black cap for outdoor sports in hot/ summer weather
- Plain black winter bobble hat for winter months
- Gum shield

Remember:
- Bring/apply suncream
- Bring water to lessons
- Wear studded footwear for rugby and football
- Bring your own safety equipment such as shin pads and gum shields
- Hoodies must not be worn in school

As a school, we are governed by the Association for Physical Education (AfPE) guidelines across all Physical Education and Sport provision to safeguard our students and ensure their health and safety remains our highest priority. See overleaf regarding specific guidelines relating to Jewellery & Piercings.

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Strict Jewellery & Piercings

According to AfPE ‘'all jewellery, watches, and body piercings (including retainers and expanders) be completely removed at the start of every physical education lesson, swimming session, fixture and extra-curricular sport'.

- Zero Jewellery Rule in PE:
  "No jewellery to be worn whilst taking part in PE and Sport’.
- Absolute Removal Requirement: Under no circumstances is any item of jewellery; including rings, bracelets, necklaces, or watches, permitted during PE lessons.
- Piercings & Retainers: While page 8 specifies that "One pair of stud or sleeper earrings" or "Discrete retainers for other piercings" are permitted during general classroom wear, all piercings and retainers must be completely removed for PE.
- Prohibited Items in School (Page 8): The policy strictly forbids:
    - o "Large earrings, dangly, hoops or stretchers"
    - o "Facial or body piercings"
    - o "Any other form of jewellery, e.g. rings"
- No Taping or Sweatbands: Covering piercings or jewellery with tape or wrist sweatbands is not allowed as an alternative to removal. If a student has a new piercing that cannot yet be taken out, they will not be permitted to participate in practical physical activity until it can be fully removed.

We strongly advise that any new/ future piercings are planned for the start of the summer holidays to allow adequate time for healing.