

THE FOOD ZONE

@ THE BUCKINGHAM SCHOOL

WEEK 3 16/09, 07/10, 28/10, 18/11, 09/12	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
	CHICKEN CHUNKS WITH SWEET & SOUR SAUCE	PASTA PRONTO Cocktail sausages in a tomato & basil sauce	ROAST PORK, YORKSHIRE PUDDING, GRAVY	BEEF LASAGNE	CHICKEN SKEWER
	VEGETABLE CURRY	<i>Arrabiatta sauce</i>	BROCCOLI & CAULIFLOWER BAKE	VEGETABLE LASAGNE	VEGETABLE KIEV
	RICE SWEETCORN		ROAST POTATOES, CARROTS	GREEN SALAD GARLIC BREAD	SPICY WEDGES BAKED BEANS
	JAM PUFF & CUSTARD	APPLE CRUMBLE & CUSTARD	CHEESECAKE	CHOCOLATE BROWNIE	MARBLE CAKE & CUSTARD