



THE BUCKINGHAM SCHOOL

A SPECIALIST SPORTS COLLEGE

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Headteacher: Mr A McGinnes

6 March 2019

Dear Parent/Carer

ST GEORGE'S PARK EDUCATIONAL EXPERIENCE TUESDAY, 26 MARCH 2019

St George's Park is home to The Football Association and is based in Tatenhill, Burton-upon-Trent. It is with great pleasure to inform you that The Buckingham School has managed to secure a trip to one of the Educational Experiences at St George's Park. The Educational Experience is one of a kind and spaces are filled in extremely quickly, and in the likely event that the trip is over-subscribed, students will be selected by drawing lots.

Students will arrive at St George's Park and will be shown around the facilities that all England Football teams use when at training camps before big International matches or competitions. This trip gives students the opportunity to enhance their knowledge of sports science, rehabilitation, the principles of training and how they are applied in an elite sporting environment. All of these elements link to the BTEC Sport specification and will support students in their learning and understanding of each topic area.

BTEC Sport students have been selected by their class teachers for effort in class, performance in examinations, attitude to learning, attendance, progress made, and general behaviour in all theory based and practical based lessons. As a PE department we are passionate in rewarding our students who are currently achieving and making progress.

Once students have been shown around the facilities, they will be taken into the fitness testing labs where they will get hands-on experience and able to work alongside the professional sports scientists to understand how the body works and how the body reacts to fitness testing. In addition, they will individually be given the opportunity to use state of the art equipment not only to help administer a range of fitness and speed tests but also complete them as well. After a long morning of fitness testing, nothing would be better than a rehabilitation session in the hydrotherapy pool with qualified sports therapists and physiotherapists. Students will have the opportunity to see and experience how injured players are treated and the process they have to go through to get fit again.

Students are required to meet at The Buckingham School at **7am** and will return to The Buckingham School at **approximately 3.45pm**. This is an early start for the students, however, it is important we leave and arrive at the venue on time to start.

The full price of the trip is **£60** which includes insurance and travel to St George's Park and all elements of the educational experience. **Students will need to bring a packed lunch with them on the day and training kit for the different sessions that will be taking place.** More information about the type of kit needed will be explained to the students before the trip takes place. **Please be aware, students will need appropriate swimwear for the hydrotherapy session in the pool.**

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The Buckingham School is concerned that every student should have the opportunity to attend school activities/obtain equipment, regardless of their financial circumstances. As such, it may be possible to subsidise those students who would otherwise be unable to attend trips/purchase items. Please feel free to write in confidence to Mrs S Gallagher or Mrs K Bones at office@buckinghamschool.org, if you wish to seek assistance, or obtain more information about Pupil Premium funding.



In order to secure your child's place, please pay **£65** using the online payment system www.parentmail.co.uk and return the attached parental consent form to Mr Ribbans during break or lunchtime only by **Friday, 15 March 2019**.

If you have any queries regarding the trip, please do not hesitate to contact me.

Yours faithfully

Mr J Ribbans
Teacher of PE
jribbans@buckinghamschool.org

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