

Sport

BTEC Extended Certificate in Sport: Level 3

This Course

A broad basis of study for the sport sector. This qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels. The Pearson BTEC National Extended Certificate in Sport is an Applied General qualification for post-16 learners who want to continue their education through applied learning and who aim to progress to higher education and ultimately to employment in the sport sector. The qualification is equivalent in size to one A Level, and it has been designed as a full two-year programme when studied alongside a further two Level 3 qualifications.

The content of this qualification has been developed in consultation with academics to ensure that it supports progression to higher education. Employers and professional bodies have also been involved and consulted to confirm that the content is appropriate and consistent with current practice for learners who may choose to enter employment directly in the sport sector.

You will study the following units:

Unit 1: Anatomy and Physiology

Unit 2: Fitness Training and Programming for Health, Sport and Well-being

Unit 3: Professional Development in the Sports Industry.

Unit 7: Practical Sports Performance

What could this qualification lead to?

The qualification carries UCAS points and is recognised by higher education providers as contributing to meeting admission requirements for many courses if taken alongside other qualifications as part of a two-year programme of study. It combines well with a large number of subjects and supports entry to higher education courses in a very wide range of disciplines (depending on the subjects taken alongside).

Entry requirements for Sport BTEC Level 3

Extended Certificate: students should have achieved a GCSE Physical Education Grade 4 and a Grade 4 in Maths, English and Science.

For learners who wish to study an aspect of sport in higher education, opportunities include:

- BA (Hons) in Sport Studies and Business, if taken alongside A Levels in Business and Maths
- BSC (Hons) in Sport Psychology, if taken alongside A Level Biology and A Level in Psychology
- BA (Hons) in Sports Education and Special and Inclusive Education, if taken alongside an A Level in English Language and a BTEC National Extended Certificate in Performing Arts
- BA (Hons) in Sport and Exercise Science, if taken alongside A Level Biology .

What's expected from me?

- You need to be passionate about Anatomy and Physiology, health, fitness, training, sport activities, practical sport.
- You will need to be self-motivated and good at meeting deadlines.
- This course has a substantial amount of independent study.
- You will be required to play two sports as part of unit 7.
- You will also be expected to take the Level 2 Sports Leadership award alongside this qualification.

Qualification structure

Unit No.	Unit Title	How assessed
1	Anatomy and Physiology	Written examination set and marked by Pearson. <ul style="list-style-type: none">• 1.5 hours.• 80 marks.
2	Fitness Training and Programming for Health, Sport and Well-being	A task set and marked by Pearson and completed under supervised conditions. <ul style="list-style-type: none">• In Part A, learners will be given a case study one week before a supervised assessment period in order to carry out preparation.• In Part B, the supervised assessment period is 2.5 hours as timetabled by Pearson.• Written submission.• 60 marks.
3	Professional Development in the Sports Industry	Coursework
7	Practical Sports Performance	Coursework