



**If you have completed your Duke of Edinburgh Bronze:**

You need to complete two sections at 6 months (one must be volunteering) and one at 3 months- see example below:

*Volunteering section: for 6 months*

*Physical and Skills sections: 1 section for 6 months and the other section for 3 months*

*Please note you can choose the same activity for Silver as you did from bronze, but you need to show development in it. It's best to try something new!*

**Skill Section**

Time duration:

Start Date:

Activity:

Location:

Goal:

Assessor:

Assessor Contact details:

**Physical Section**

Time duration:

Start Date:

Activity:

Location:

Goal:

Assessor:

Assessor Contact details:

**Volunteering Section**

Time duration:

Start Date:

Activity:

Location:

Goal:

Assessor:

Assessor Contact details: