

PRACTICAL CHALLENGE GRID FOR SEPTEMBER 2021

	Tick when completed	Parent to sign when completed
Tie a tie		
Pack your own school bag		
Load the washing machine		
Make change of £1, £2 or £5		

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Get fully dressed within five minutes or less		
Read a basic plan or map (eg. A theme park or shopping centre)		
Tell the time on an analogue clock		
Set the time on an alarm clock or mobile phone		

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Lock and unlock a padlock		
Remember your parent's phone number off by heart		
Iron a shirt		
Put on socks, shoes and tie your shoelaces		

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Make a healthy packed lunch and then eat it in less than 30 minutes.		
Brush your hair and put it up (if it's long) by yourself		
Count up in 2's, 3's, 4's, 5's, 10's. Can you do other numbers too?		
Get into and out of your PE kit as quickly as you can (all items on the right way round), how quickly can you do it?		

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Write down your address and postcode		
Attach a document to an email and send it to a parent		
Accurately measure 10 cm, 35 cm, 150 mm, 500 ml, 200g		
Plan or make a "what-if wallet" with your home contact details, bus ticket, emergency money and a secret smile object (a small photo, shell, keyring, pet rock or note that makes you feel calm and positive whatever your day brings). Decide where you will keep it in your new uniform or bag.		

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Look at the school website and learn the names of several key staff and timings of the school day		
Make a cup of tea		
If you're going to walk to school: Can you plan your route, list the road names and directions or even draw a map? Can you walk the route safely by yourself? Time yourself doing it, then add at least 5 minutes. What time will you have to leave home to get to school each day?		
If you're going to catch a bus: Can you find out what time the bus goes, and from which stop? Can you walk the route safely by yourself? Time yourself doing it, then add at least 5 minutes. What time will you have to leave home to get there?		

Success for All through Achievement, Challenge & Enjoyment