



# THE BUCKINGHAM SCHOOL

## A SPECIALIST SPORTS COLLEGE

London Road  
Buckingham  
MK18 1AT

Tel: 01280 812206

Fax: 01280 822525

Email: [office@buckingham.bucks.sch.uk](mailto:office@buckingham.bucks.sch.uk)

Website: [www.buckinghamschool.com](http://www.buckinghamschool.com)

Headteacher: Angela Wells

15 May 2017

Dear Parent/Carer

### **Whole School Enrichment and Well-Being Day Friday, 26 May 2017**

As part of our continued efforts to create a culture of well-being at The Buckingham School – alongside a strong academic provision – we will have our annual enrichment and well-being day on **Friday, 26 May 2017**.

The Enrichment Day is an opportunity for students to engage in topics which are directly related to their personal well-being as well as their academic success. We strongly believe that students who feel happy in addition to being able to make smart decisions are more likely to achieve academically and in life in general.

Students are expected to wear full school uniform during the day (except for Year 7 students who will be wearing their PE kit). Although they will be off timetable, students are also expected to follow the Behaviour Policy as usual.

**Overleaf, you will find key details about the activities of each year group during the day.**

If you would like to know more about the day, or if you have any questions, please do not hesitate to contact me at [jmandel@buckinghamschool.org](mailto:jmandel@buckinghamschool.org)

Yours faithfully

Mr J Mandel  
PSHE and Student Voice Coordinator



## Whole School Enrichment and Well-Being Day: Key Details

**Friday, 26 May 2017**

Year group	Activities / Sessions
Year 7	Students will take part in our annual International Inspiration Day Event. The day will be in conjuncture with Buckingham Rotarians and students will enjoy a range of activities throughout the day. Students will also present their work at the end of the day, developing skills such as public speaking which can enhance their confidence. Students will be in their PE clothes for the day.
Year 8	<p>'The Dangers of Drugs' (External speaker) - Focusing on dangers and decision making</p> <p>'Philosophy for Children' - Enhancing critical thinking</p> <p>'Well-Being' (External Speaker) – Developing resilience</p> <p>'Self-Esteem' (External Speaker) – Identifying personal strengths</p> <p>'Healthy Eating' – Creating positive habits</p>
Year 9	<p>Students studying History will be working with police officers to conduct an investigation into the Jack the Ripper murders (part of the History curriculum). Students will be presented with primary evidence as part of their investigation. This day will further enhance students' ability to use evidence in their work.</p> <p>Students not studying History will also be part of this investigation and will work as a media team to develop their non-fiction writing and overall literacy skills.</p>
Year 10	<p>'The Dangers of Drugs' (External speaker); focusing on dangers and decision making</p> <p>'Careers' (External Speaker); an opportunity to start thinking about the future</p> <p>'Well-Being' – Discussing how to reduce anxiety</p> <p>'Relationships' (External Speakers) – raising awareness of STI; making smart choices</p> <p>'Getting Ready for Year 11' – Building a foundation for success</p> <p>'Mental Health' – Understanding and discussing aspects of mental health</p>
Year 11	<p>Period 1: Students in pre-exam booster sessions</p> <p>Periods 2-3: Students sitting GCSE English Literature exam</p> <p>Period 4: Post-exam review and lunch</p> <p>Periods 5-6: Students will be set up with specific English Language and History revision tasks in preparation for exams after half-term.</p>
Years 12/13	<p>CFE Students will work with staff to prepare and revise for their final exams (Year 13) and internal exams (Year 12).</p> <p>CSLA/HSLA students will be involved in leading the Year 7 events as part of their exam unit and volunteer hours.</p>

