Curriculum Intent, Implementation and Impact 2020-21

Subject: Personal Development

Year group: Year 7

Periods per fortnight: 2 x PSHE and 1 x Enrichment

INTENT:

Personal Development at The Buckingham School allows students to have the understanding, attitudes, knowledge and skills they need to live responsible, healthy, safe and fulfilled lives. Furthermore, students are able to share their views and opinions, and become more self-confident both in and outside of the classroom.

Personal Development in Year 7 introduces students to a wide range of topics that they will explore in more detail as they progress through the school, as well as supporting them with settling in to life at secondary school. In Year 7, students will have one lesson of Personal Development per week.

The intent of the Personal Development curriculum is to "support pupils to develop in many diverse aspects of life" (Ofsted). Furthermore, Personal Development allows students "to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepare for life and work in modern Britain" (PSHE Association). Our aim is to prepare pupils for their adult life and to support them in becoming respectful and responsible members of society. The promotion of the school virtues (ambition, curiosity, empathy, respect, confidence, resilience and integrity) is a key focus of the Personal Development curriculum. All students are able to be involved and have access to the opportunities and experiences. Our aim is for our students to leave The Buckingham School as well-rounded individuals, who display our school virtues.

At The Buckingham School, students are also given the opportunity to study Enrichment. This allows students to explore a variety of different topics and enables students to develop their skills, broaden their experiences and prepare them for future success. In Year 7, students have one Enrichment lesson per fortnight.

IMPLEMENTATION:

Term	Topics studied Add dates and any assessments included	Extended learning opportunities (homework, controlled assessments, field work, trips etc.)	How parents could support students
Autumn Term	PSHE: Introduction to PSHE Self-esteem Healthy lifestyle (keeping healthy, eating responsibly, exercise, consequences of not eating healthily) Puberty (periods, FGM)	 Students may be required to research a particular topic prior to a lesson Students encouraged to research particular topics in more detail following a lesson 	 Discuss the topics with students Encourage students to carry out wider reading around the topics further their knowledge
Spring Term	Enrichment: TBC PSHE: Bullying (bullying or banter, cyber-bullying) Social media and keeping safe online Relationships (good friendships, family and relationships, love and relationships) Anger Mental Health Being an aspirational student (wants and needs, resilience and facing challenges)	 Students may be required to research a particular topic prior to a lesson Students encouraged to research particular topics in more detail following a lesson 	Discuss the topics with students Encourage students to carry out wider reading around the topics further their knowledge

Summe Term	PSHE: Budgeting (personal budgeting plan, savings, loans and interest, financial transactions, financial products, shopping ethically) Energy drinks, dangers or drugs, cigarettes FGM Personal identity and stereotyping	 Students may be required to research a particular topic prior to a lesson Students encouraged to research particular topics in more detail following a lesson 	 Discuss the topics with students Encourage students to carry out wider reading around the topics further their knowledge

IMPACT:

- All of our students at The Buckingham School are supported in becoming well-rounded individuals.
- Students have an understanding of the school virtues and how to demonstrate these.
- Students have the opportunity to develop their skills and have experiences to ensure success with their future plans.