

# CURRICULUM OVERVIEW 2018-19



# PSHE

## Year 8

Success for All through Achievement, Challenge & Enjoyment



## Curriculum Overview 2018-19

Year group: 8

Subject: **PSHE / Personal Development**

Periods per fortnight: 2 (one session per week)

Term	Topics studied Add dates and any assessments included	Extended learning opportunities (homework, controlled assessments, field work, trips etc.)	How parents could support students
Autumn Term	<p><b><u>Key Topics</u></b></p> <ul style="list-style-type: none"> <li>- Personal growth</li> <li>- Emotional well-being &amp; Self esteem</li> <li>- Healthy Relationships: peer pressure</li> <li>Healthy Relationships: Exploitation, CSE and consent</li> <li>- Online Safety - making smart choices</li>   <li>- Healthy Eating</li> <li>- Healthy relationships &amp; anti-bullying</li> <li>- Mental health awareness</li> <li>- Substances abuse (dangers of drugs and excessive drinking)</li> <li>- Global social issues</li> </ul> <p><b><u>Key Skills</u></b></p> <p>Coping with change Communication Speaking and listening Planning Research Critical reading &amp; thinking Decision making Public speaking Organisation Time management Empathy and compassion</p> <p><b><u>Assessment for Learning</u></b></p> <p>At the start of each half term students will complete a short baseline assessment about the topics they will learn about; at the end of each half term students will complete a follow-up task to assess their learning of topics learnt and covered.</p>	<p><b><u>Key Homework Tasks</u></b></p> <ul style="list-style-type: none"> <li>- Personal Vision Statement</li> <li>- What is a healthy relationship?</li> <li>- Online Safety Guide</li> <li>- Healthy Eating Weekly Menu</li> <li>- Understanding Mental Health</li> <li>- My Personal Project Task</li> <li>- An inspirational individual</li> </ul> <p><b><u>Extended homework tasks</u></b></p> <p>Students will also have the opportunity to complete tasks and activities on topics which they want to learn about and focus on. As these tasks will be personal, the exact activity will be created jointly, with the student and Mr Mandel.</p>	<p>Know the topics we will be covering in school and ask young people at home about what they have learnt. Share your thoughts on the topic as well and facilitate a discussion on it.</p> <p>Encourage young people at home to engage with local, national and global news (this can be by reading trusted news outlets online, reading a physical newspaper or watching the news on TV). Though some topics on the news may be challenging to talk about, allow young people to share their thoughts and views.</p> <p>Encourage young people at home to ask critical questions and to 'dig deeper' if they feel they do not have all the necessary information.</p> <p>Encourage young people at home to be 'active citizens', by volunteering, learning about their community and helping those in need, understanding what they can do to support the environment, learn about local, national and global politics and how to bring about change.</p>
Spring Term	<p><b><u>Key Topics</u></b></p> <ul style="list-style-type: none"> <li>- Supporting the GCSE Options process</li> <li>- Human Rights</li> <li>- Rights and Responsibilities</li> <li>- Our planet &amp; The environment</li> <li>- Fairtrade</li> <li>- Mental health awareness</li> </ul>	<p><b><u>Key homework tasks</u></b></p> <p>Thinking about the future: GCSE and beyond Global issues and possible solutions What are Human Rights? Our planet: what can I do? Fairtrade and the supply chain Mental Health follow-up task</p>	<p>See above.</p>

	<p>- different beliefs within society (including religious and secular)</p> <p><b><u>Key Skills</u></b></p> <p>Critical reading &amp; Thinking  Managing risk  Referencing  Organisation  Time management  Essay writing  Reading different texts  Research</p> <p><b><u>Assessment for Learning</u></b></p> <p>At the start of each half term students will complete a short baseline assessment about the topics they will learn about; at the end of each half term students will complete a follow-up task to assess their learning of topics learnt and covered.</p>	<p><b><u>Extended homework tasks</u></b></p> <p>Students will also have the opportunity to complete tasks and activities on topics which they want to learn about and focus on. As these tasks will be personal, the exact activity will be created jointly, with the student and Mr Mandel.</p>	
<p>Summer Term</p>	<p><b><u>Key Topics</u></b></p> <ul style="list-style-type: none"> <li>- Healthy relationships &amp; LGBT</li> <li>- Personal Safety</li> <li>- Body Image</li> <li>- Media influence in the 21<sup>st</sup> century (social media)</li> <li>- Challenging prejudice and discrimination</li> <li>- Careers and aspirations</li> <li>- Money (spending, debt and consumer rights)</li> <li>- Mental health</li> <li>- Healthy Relationships: Consent</li> </ul> <p><b><u>Key Skills</u></b></p> <p>Empathy  Decision making  Enhancing self esteem  Extended writing  Research  Planning  Public speaking</p> <p><b><u>Assessment for Learning</u></b></p> <p>At the start of each half term students will complete a short baseline assessment about the topics they will learn about; at the end of each half term students will complete a follow-up task to assess their learning of topics learnt and covered.</p>	<p><b><u>Key homework tasks</u></b></p> <p>Different types of relationships  How the media affects our lives  Thinking ahead: What do I want to do in the future?  Mental health follow-up task  Thinking about the future: Friends, relationships and next year</p> <p><b><u>Extended homework tasks</u></b></p> <p>Students will also have the opportunity to complete tasks and activities on topics which they want to learn about and focus on. As these tasks will be personal, the exact activity will be created jointly, with the student and Mr Mandel.</p>	<p>See above.</p>