External Support and Information Agencies:

www.anti-bullyingalliance.org.uk www.thinkuknow.co.uk www.bullying.co.uk www.kidscape.org.uk Childline: 0800 1111 www.childline.org.uk NSPCC: 08088005000 www.nspcc.org.uk Samaritans: 08457 909090 www.youngminds.org.uk The Buckingham School's Anti-Bullying Co-ordinator:-



Mrs A Wallace, 01280 812206 ext 272 awallace@buckinghamschool.org

Success for All through Achievement, Challenge & Enjoyment



Anti-Bullying at The Buckingham School

The Buckingham School London Road, Buckingham MK18 1AT Tel. 01280 812206 Email. office@buckinghamschool.org

www.buckinghamschool.org

www.buckinghamschool.org

The Buckingham School Anti-Bullying Policy

As a school we must develop and embed a culture where any form of bullying is not tolerated and routinely challenged by all stakeholders in the community. In addition to this, any students or member of our community must also feel comfortable in reporting bullying and be certain that it will be taken seriously and dealt with promptly and in an appropriate manner in accordance to the school's expectations and Anti-Bullying strategy.

Our Anti-Bullying policy aims to:

- Promote respect and tolerance for each other, including and engaging with everyone's perception of bullying.
- Clarify for students and staff what bullying is and that it is always unacceptable.
- Explain to staff, students and the whole school community why bullying and harassment occur and their impact on individuals and the school as a whole.
- To have in place an Anti-Bullying support system, that all staff and students understand and to apply the system consistently.

The Anti-Bullying policy can be found on the school's website at <u>www.buckinghamschool.org</u>

The Buckingham School Definition of Bullying:

Any social aggression: hostile, verbal or physical behaviour, which means to insult, embarrass, humiliate or make the target feel "less than".

This means that so called banter is banned and any behaviour that sits within the above definition must not be tolerated.

We are a school. We are here to educate and be educated. There are no blurred lines, such behaviour is unacceptable in our learning environment.

Procedures for Reporting:

- A student can report bullying in person to a member of staff or an older student.
- A student can make a written report, and place it in the Anti-Bullying box outside the Student First Centre.
- A student or parent can make a report by email to antibullying@buckinghamschool.org
- Anyone alleging that they are a victim will meet the school's Anti-Bullying Co-ordinator as soon as possible, and home will be contacted.
- The school will contact home and report on our findings within 48 hours.

Sanctions:

- If the victim is happy to do so, there will always be a restorative meeting between the perpetrator and victim. In every case the victim will be at the centre of our thinking, and will be kept informed of what is happening.
- First offence of committing bullying: restorative meeting with the victim and perpetrator will be required to sign an Anti-Bullying contract.
- Second offence: restorative meeting, with parents/carers called into school for a meeting.
- Third offence: exclusion.

What are the signs that my child is being bullied?

Your child may:

- Begin to perform poorly at school.
- Want to stay off school more often or to stay at home in the evenings/weekends.
- Be reluctant to walk to/from school.
- Want to change schools.
- Become withdrawn, anxious or lacking in confidence.
- Lose their temper easily.
- Be afraid to use the internet or mobile phone or be nervous when messages are received.
- Have unexplained cuts, bruises or other injuries.
- Bully other children or siblings.
- Have money/possessions that are damaged or 'go missing'.
- Steal money from you.
- Be hungry because their dinner money has been taken.
- Attempt/threaten to commit suicide or run away.

How can you help your child if you suspect they are being bullied?

- Speak to your child.
- Listen carefully to what your child tells you and get facts e.g. how, when, where, names of bully/bullies etc.
- Never tell your child to ignore bullying.
- Don't blame your child.
- Try to understand your child; listen and don't criticise.
- Do not encourage physical retaliation.
- Make them feel supported with a safe home environment.
- Don't presume the problem has gone away; talk regularly.
- Monitor your child's social media.