



THE BUCKINGHAM SCHOOL

A SPECIALIST SPORTS COLLEGE

London Road
Buckingham
MK18 1AT

Tel: 01280 812206

Fax: 01280 822525

Email: office@buckinghamschool.org

Website: www.buckinghamschool.org

Headteacher: Mr A McGinnes

04 February 2020

Dear Parent / Carer

YEAR 11 AQA GCSE (9-1) PHYSICAL EDUCATION STUDENT REVISION DAY WEDNESDAY, 11 MARCH 2020

It is with great pleasure that The Buckingham School has managed to secure a trip to one of the Educational Experiences at The Emmanuel Centre, Central London, for a student revision day.

This trip will give students the opportunity to enhance their knowledge of sports science, rehabilitation, the principles of training. All of these elements link to the GCSE PE specification and will support students in their learning and understanding of each topic area. The day aims to provide students with the opportunity to gain key insights, from subject experts, into the topical areas which are examined as part of Paper 1 and 2, as well as help students gain focus and hear creative ways to remember information, gain key tips and work on unseen example questions.

The plan of the day is as follows:

- 10.15am Registration opens
- 10.30am Paper 1: Anatomy & physiology
- The different question types
 - Ways to remember the main factors, exam tips and interactive questioning
- 11.00am Paper 1: Movement analysis
- Ways to remember the theoretical principles
 - Applying your knowledge to sporting examples
- 11.30am Morning break
- 11.45am Paper 1: Physical training
- Revision of the main concepts
 - Interactive resources to facilitate revision
- 12.15pm Lunch (students to bring packed lunch)
- 12.45pm Paper 2: Sports psychology
- The key terms and concepts covered in depth
 - Approaching the extended questions with examples
- 1.15pm Paper 2: Socio-cultural influences
- Applying the factors that affect engagement
 - Approaching all question types and key concepts
- 1.45pm Afternoon break
- 2.00pm Paper 2: Health, fitness and well-being
- Energy, nutrition and water
 - Facilitating extended question thinking
- 2.30pm Student quiz
- 2.45pm Revision day ends

The Buckingham School is concerned that every student should have the opportunity to attend school activities/obtain equipment, regardless of their financial circumstances. As such, it may be possible to subsidise those students who would otherwise be unable to attend trips/purchase items. Please feel free to write in confidence to Mrs K Bones at kbones@buckinghamschool.org, if you wish to seek assistance, or obtain more information about Pupil Premium funding.



As you can see, the day is full of all the crucial information that the students require for their GCSE exams. More information about the revision day will be explained to the students before the trip takes place.

There are a limited number of places available for this trip, however, I am pleased to tell you that your child has been selected to attend by their class teachers for effort in class, performance in examinations, attitude to learning, attendance, progress made, and general behaviour in all theory based and practical based lessons. As a PE Department we are passionate in rewarding our students who are currently achieving and making progress. This trip looks incredibly insightful and will be a key asset towards their final grade in their summer exams.

The cost of this trip including transportation, administration, insurance and all elements of this fantastic educational experience is £45. This is to be paid via ParentMail by Friday, 28th February 2020. Please also complete the attached Parental Consent Form (EV8) and return it to the Payment Box during break and lunch time, by this same date. Should you have any issues accessing this site, please email Mrs Newall on gnewall@buckinghamschool.org.

As we will be travelling to central London for the day, students are required to meet at The Buckingham School at 7.15am and will return to The Buckingham School at approximately 4.45pm (traffic depending). Your child will also need to bring a packed lunch and drink with them. This is an early start for the students, however, it is important that we arrive at the venue on time to start the day at 10am. Please also note that as the trip will be returning after the end of the school day, you will need to make alternative arrangements with regards to your child getting home.

If you have any questions regarding this trip, please do not hesitate to contact me.

Yours faithfully

Mr J Ribbans
Teacher of PE
jribbans@buckinghamschool.org

The Buckingham School is concerned that every student should have the opportunity to attend school activities/obtain equipment, regardless of their financial circumstances. As such, it may be possible to subsidise those students who would otherwise be unable to attend trips/purchase items. Please feel free to write in confidence to Mrs K Bones at kbones@buckinghamschool.org, if you wish to seek assistance, or obtain more information about Pupil Premium funding.

