

THE BUCKINGHAM SCHOOL A SPECIALIST SPORTS COLLEGE

Headteacher: Mr A McGinnes

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Dear Parent / Carer

Risk-Avert Programme

During this academic year, we will be running the Risk-Avert programme in school. The programme aims to educate, inform and reduce risk-taking amongst young people and support those who may be experiencing difficulties with their emotional health and wellbeing.

The programme has been developed by The Training Effect; a consultancy service provider to councils across the UK.

The project is focused on early intervention and prevention. We do not expect many young people to be engaging in these behaviours at this age, however, the project is about supporting young people to make positive choices as they get older.

All students currently in Year 8 will be asked to complete a short survey before the end of term. The survey will ask them about their experience of a range of issues including internet safety, friendships, emotional health and any risk taking experience they may have been exposed to socially, including alcohol or smoking.

A percentage of young people surveyed will be offered the chance to take part in a 6-session programme to educate them about risk-taking and offer support to help them make positive choices as they get older or a programme focused on emotional health and wellbeing.

At this stage we are inviting parents/carers to inform us if they are not happy for their children to take part in this survey and/or project by Friday 14th May. Please contact either Mrs Curtis or Miss Collie on the email addresses given below.

Further details for The Training Effect can be found at <u>www.thetrainingeffect.co.uk</u> and further details on Risk-Avert can be found here <u>www.risk-avert.org</u>.

For any additional information on the project please contact either Mrs Curtis or Miss Collie.

Yours faithfully

Mrs E Curtis Lead Practitioner, Inclusion <u>ecurtis@buckinghamschool.org</u> Miss C Collie Head of Year 8 ccollie@buckinghamschool.org

The Buckingham School is concerned that every student should have the opportunity to attend school activities/obtain equipment, regardless of their financial circumstances. As such, it may be possible to subsidise those students who would otherwise be unable to attend trips/purchase items. Please feel free to write in confidence to office@buckinghamschool.org, if you wish to seek assistance, or obtain more information about Pupil Premium funding.







