



THE BUCKINGHAM SCHOOL

A SPECIALIST SPORTS COLLEGE

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Headteacher: Mr A McGinnes

15 June 2020

Dear Parent / Carer

As part of your child's timetable on their return to school, they will be engaging in Physical Education lessons. We believe this is an essential part of their reintegration back into school life.

After being isolated for so long, they will now have the opportunity to safely socialize with their classmates during an exciting selection of appropriate, socially distanced, physical activities.

Research demonstrates again and again, that physical activity has an amazingly positive affect on the mental health of our students and we hope it will provide them with a physical outlet for their stresses and anxieties.

As stated in the detailed instructions for Year 10 students sent out last week, students are required to wear clothing that is appropriate for PE lessons, including appropriate footwear. This will remove the necessity for students to use our changing areas.

When creating our list of activities for our Year 10 students, we have followed Government, AfPE and national governing body guidance, regarding health and safety as well as ensuring the correct application of our own [Reopening of School Risk Assessment](#). Please be assured that social distancing measures will remain in place during these sessions.

Any equipment used during the lessons will be for the individual's use only and will be sanitized at the end of each lesson. An exception to this rule is Football, which can be conducted in groups of 6 socially distanced students, non-competitively, focusing only on elements such as passing drills, where the ball is struck with the foot only.

The activities students will be taking part in are:

- Athletics throwing activities
- Archery
- Darts
- Golf
- Football Golf
- Golf Tennis
- Frisbee Golf
- Football Tennis
- Badminton
- Softball drills - Hitting from Tees
- Fitness activities
- Cross country
- Orienteering

We look forward to welcoming our Year 10 students back into Physical Education lessons with these exciting new sporting opportunities.

Yours faithfully

Mr L Churchward
Curriculum Leader - PE

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The Buckingham School is concerned that every student should have the opportunity to attend school activities/obtain equipment, regardless of their financial circumstances. As such, it may be possible to subsidise those students who would otherwise be unable to attend trips/purchase items. Please feel free to write in confidence to Mrs K Bones at kbones@buckinghamschool.org, if you wish to seek assistance, or obtain more information about Pupil Premium funding.

