

Curriculum Intent, Implementation and Impact 2019-20

Subject : YEAR 9 AQA GCSE Physical Education

Periods per fortnight: 5

INTENT:

This qualification is linear. Linear means that students will sit all their exams and submit all their non-exam assessment at the end of the course. The terminal assessments of this course are split into three components which the students will learn about on their journey through the course. Paper 1: The human body and movement in physical activity and sport. Paper 2: Socio-cultural influences and well-being in physical activity and sport. Non-exam assessment: Practical performance in physical activity and sport. Students will need to be proficient in three sporting activities. Either one team sport and two individual or two team and one individual.

AQA GCSE Physical Education lessons will be split into two sections, Practical and Theory:

GCSE THEORY

New and contemporary topics will help students of all abilities to develop a well-rounded skill set and prepare them for progression to further studies. Students will study the following topics; Applied anatomy and physiology, Movement analysis, Physical training, Use of data, Sports Psychology, Socio-cultural influences and Health, fitness and wellbeing. These topics will inspire curiosity and create an ambition to continue the Physical Education and sport pathway into the next phase of their education.

GCSE PRACTICAL

Lessons will focusing upon:

- Skills progression
- Tactics & techniques
- Leadership skills
- Pathway for NEA success
- These lesson's will develop student confidence and their belief in their own ability.

Delivery will be based upon the following teaching methods:

- Tactical Games For Understanding
- Cooperative learning
- Flipped learning
- Assessment for learning

IMPLEMENTATION:

Term	Topics studied	Extended learning opportunities (homework, controlled assessments, field work, trips etc.)	How parents could support students
Autumn Term	<ul style="list-style-type: none">● Health and fitness	<input type="checkbox"/> Fortnightly flipped learning homework on google classroom	Supporting your son /

	<ul style="list-style-type: none"> ● The relationship between health and fitness ● Linking participation in physical activity, exercise and sport to health, well-being and fitness, and how exercise can suit the varying needs of different people ● The consequences of a sedentary lifestyle ● Obesity and how it may affect performance in physical activity and sport ● Somatotypes ● Energy use ● Nutrition – reasons for having balanced diet ● Nutrition – the role of carbohydrates, fat, protein and vitamins/minerals ● Reasons for maintaining water balance (hydration) <p>ASSESSMENT Test on Autumn content Nov/Dec</p>	<ul style="list-style-type: none"> ❑ Extra Curricular activities - Breaktime - Lunch and Afterschool. Please see published timetable ❑ Sporting fixtures 	<ul style="list-style-type: none"> ● Checking the completion of google classroom homework ● Supporting your son/daughters external sporting endeavours. ● Creating videos of your Son / Daughters external sports performances to support the practical grade. ● Ensuring independent work and revision for assessment is taking place outside of school.
Spring Term	<ul style="list-style-type: none"> ● Bones ● Structure of the skeleton ● Functions of the skeleton ● Muscles of the body ● Structure of a synovial joint ● Types of freely movable joints that allow different movements ● How joints differ in design to allow certain types of movement at a joint ● How the major muscles and muscle groups of the body work antagonistically on the major joints of the skeleton to affect movement in physical activity at the major movable joints ● The pathway of air ● Gaseous exchange ● Blood vessels ● The cardiac cycle and the pathway of the blood <p>ASSESSMENT Test on Spring content including autumn recap Feb / March</p>	<ul style="list-style-type: none"> ❑ Fortnightly flipped learning homework on google classroom ❑ Extra Curricular activities - Breaktime - Lunch and Afterschool. Please see published timetable ❑ Sporting fixtures 	As above

Summer Term	<ul style="list-style-type: none"> ● Cardiac output, stroke volume and heart rate C ● Mechanics of breathing – the interaction of the intercostal muscles, ribs and diaphragm in breathing ● Interpretation of a spirometer trace ● Immediate effects of exercise (during exercise) ● Short-term effects of exercise (24 to 36 hours after exercise) ● Long-term effects of exercise (months and years of exercising) ● Warming up and cooling down ● The components of fitness ● Linking sports and physical activity to the required components of fitness <p>ASSESSMENT Test on all content June</p>	<ul style="list-style-type: none"> ☐ Fortnightly flipped learning homework on google classroom ☐ Extra Curricular activities - Breaktime - Lunch and Afterschool. Please see published timetable ☐ Sporting fixtures 	As above
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IMPACT:

Student will receive flipped learning homework on google classroom as we as recap tests and STAR marking. Each piece of homework is assessed to give us a current picture of your son/daughters understanding of topic taught.

Students will undergo End of Unit assessments that will be graded and used to form the Theory Section of their GCSE Physical Education grade these assessment intervals will be used to chart their progress.

For the Non Examination element of their course students will be assessed by teacher observation of practical performances and any other additional video evidence of external performances that are provided. This will make up the practical section of their grade along with the written performance evaluation that is delivered in year 11.

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