

## THE BUCKINGHAM SCHOOL A SPECIALIST SPORTS COLLEGE

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Dear Parent/Carer,

## Year 9 PSHE – Information Report

Below, you will find the topics and themes we have covered during the Spring Term (Jan-Mar 2018) in PSHE; as well as the skills students have developed. As PSHE is about **personal development**, there are no grades in this subject. Please also see attached a 'Guidance for Parents' document from the PSHE Association.

Please see 'Next Steps' and areas for further development below.

Topics covered	Details	Impact of learning	Skills developed
Sexual Health and Relationships (SRE), including consent	Students learnt the importance of being safe in all aspects linked to relationships. In addition, students were made aware of trusted sources of information, such as those at home and the NHS website.	Students gained a deeper understanding of how their own behaviour can impact their health.	Managing peer- influence, evaluating different points of view, managing risk.
Mental Health	Students explored the topic of mental health, including learning about different types of conditions and their potential symptoms. Students watched two BBC documentaries on this topic.	Students gained a much deeper understanding of what living with mental health means, especially for young people.	Empathy and compassion, Respecting diversity, resilience.
Fairtrade	Through learning about Rights, students were introduced to the concept of fairness, with a focus on	Students were able to learn about how Fairtrade supports others; as well as gain	Empathy, decision making, Ability to positively influence others.
Rights Respecting Schools	Fairtrade	an understanding on how this links with Rights.	

Next Steps for further development:

- Develop a greater understanding of how to be safe and healthy, in all aspects of life
- Enhance understanding of the link between Rights and how they impact everyday life of young people.

If you have any questions, please contact me on jmandel@buckinghamschool.org.

Yours faithfully,

Mr J Mandel Subject Leader - PSHE

