



THE BUCKINGHAM SCHOOL

A SPECIALIST SPORTS COLLEGE

London Road
Buckingham
MK18 1AT

Tel: 01280 812206

Fax: 01280 822525

Email: office@buckinghamschool.org

Website: www.buckinghamschool.com

Headteacher: Andy McGinnes

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Dear Parent/Carer,

Year 8 PSHE – Information Report

Below, you will find the topics and themes we have covered during the Spring Term (Jan-Mar 2018) in PSHE; as well as the skills students have developed. As PSHE is about **personal development**, there are no grades in this subject.

Please also see attached a 'Guidance for Parents' document from the PSHE Association.

Topics covered	Details	Impact of learning	Skills developed
Supporting the GCSE Options process	Students had opportunities to reflect on their own strengths and areas of improvements. In addition, students explored links between future aspirations and curriculum options.	Students strengthened their understanding of who they are, where they currently are on their life journey, and where they want to go.	Resilience, Decision making, applying knowledge, managing peer influence Clarifying own values.
Personal Growth and Growth Mind-set	Students worked on a mini-project titled 'My Legacy' in which they envisioned their lives in the future. Key questions included 'Who do you want to be?' and 'What would you like your legacy to look like?'	Through a form of visualisation, students could see the steps they needed to make which will help them reach their dreams and aspirations.	Clarifying own values, resilience, enhancing confidence and self-esteem.
Fairtrade	Through learning about Rights, students were introduced to the concept of fairness, with a focus on Fairtrade	Students were able to learn about how Fairtrade supports others; as well as gain an understanding on how this links with Rights.	Empathy, decision making, Ability to positively influence others.
Rights Respecting Schools			

Next Steps and areas for improvements:

- Reflect on how well you've applied a growth mind-set in the past term
- Increase knowledge and understanding of what are Rights, and the work UNICEF does.

If you have any questions, please contact me on jmandel@buckinghamschool.org.

Yours faithfully

Mr J Mandel
Subject Leader - PSHE

