



THE BUCKINGHAM SCHOOL

A SPECIALIST SPORTS COLLEGE

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Dear Parent/Carer,

Year 7 PSHE – Information Report

Below, you will find the topics and themes we have covered during the Spring Term (Jan-Mar 2018) in PSHE; as well as the skills students have developed. As PSHE is about **personal development**, there are no grades in this subject. Please also see attached a 'Guidance for Parents' document from the PSHE Association.

Please see 'Next Steps' and areas for further development below.

Topics covered	Details	Impact of learning	Skills developed
Health Risks & Active Citizenship (Campaigning)	Students learnt about a number of health risks and developed and then presented a campaign based on one of the health risks studied.	Students gained a deeper understanding and awareness of relevant health risks. In addition, they were able to educate others on these risks.	Decision making, Public Speaking, Empathy, Coping with difficulties, Respect for others, Speaking and Listening.
Dangers of drugs and cigarettes	Students learnt about specific health risks which are associated with drugs, cigarettes and alcohol. Students have looked at real life cases of people who made unhealthy decisions.	Students understood the impact of substance misuse on their health as well as their future plans. Students became much more aware of the power they have in terms of the choices they are able to make.	Resilience, Decision making, managing risk, applying knowledge, managing peer influence Clarifying own values, self-regulation.
Dangers of excessive alcohol consumption			
Online Safety	Students explored different online situations and learnt about practical ways to increase online safety.	Students gained a deeper understanding of how their own behaviour can impact others and as a result thought about their own behaviour online.	Managing peer-influence, evaluating different points of view, managing risk.
Fairtrade	Through learning about Rights, students were introduced to the concept of fairness, with a focus on Fairtrade	Students were able to learn about how Fairtrade supports others; as well as gain an understanding on how this links with Rights.	Empathy, decision making, Ability to positively influence others.
Rights Respecting Schools			

Next Steps for further development:

- Develop an understanding of how personal choices impact one's health and future
- Gain a deeper understanding on the Rights of the Child and the work of UNICEF.

If you have any questions, please contact me on jmandel@buckinghamschool.org.

Yours faithfully,

Mr J Mandel
Subject Leader - PSHE

